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# Headway

“HEADWAY - A NEW ROADMAP IN MENTAL HEALTH” FORUM

## Mental Health as a European Public Health Priority

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**John Saunders**  
**Executive Director**



# EUFAMI

**European Federation of Associations of Families of People with Mental Illness  
Europese Federatie van Verenigingen van Familieleden van de Psychisch Zieken  
Fédération européenne des Associations de Familles de Malades Psychiques  
Europäische Föderation von Organisationen der Angehörigen psychisch Kranker**

**Founded in 1992**

**Represents circa 25 million families  
in Europe**

**38 member organisations in 24  
countries**

**EUFAMI's mission is to represent all  
family members of persons affected  
by severe mental illness at  
European level so that their rights  
and interests are protected and  
promoted**





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Community mental health care usually means family care.

The causes of poor mental health and the prevention and interventions are biological, psychological, social and economic.

The quality of recovery is positively influenced by appropriate family care.

**mental health is a political issue**



# Headway Family Perspectives

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- . Solutions need to come from Government sectors beyond Healthcare: for example, Education, Social Welfare, Housing, Environment, Enterprise, and Justice.

Supports beyond basic mental health care are often lacking.

The focus must be on prevention with individuals and families.



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Mental Health services must be ;

Effective

Efficient

Timely

Localized

**Delivered to the right person, at the right time in the right place**



***Thank you***

***John Saunders***

***Email; executive.director@eufami.org***