

Thomas Porschen, CDMP

Vice-Chair of the IBE-EREC

(International Bureau for Epilepsy – European Regional Executive Committee)
Chair of the Landesverband fuer Epilepsie Selbsthilfe Nordrhein-Westfalen e.V.
Cologne, Germany

Patient view

#### PATIENT INVOLVEMENT INCLUDES IMPORTANT ASPECTS SUCH AS:

- self-efficacy
- self-perception
- self-confidence
- coping strategies
- health literacy

A process that helps people help people to take control control of their own lives and empowers them to take up issues they feel are right for them.

T.Porschen21.7.22 Source: EPF.

Patient view

#### We need a common action plan

 A COMMON action plan should be drawn up, according to the needs of the epilepsy patients.

Patient view

- Studies have shown that there is a lack of information and support for epilepsy patients and their families.
- There are a few good practical examples
- It is now necessary to draw up a point plan with demands and to make milestones.

Patient view

 IBE EREC affiliates should be involved and then co-sign the demands for Europe.

**Process** 

- Working group?!
- Participations
- Clearly define goals and target group.
- Then milestones with further procedure and timeline.
- Draft a paper.

Patient view

Patient view

- Questions
- Wishes
- Ideas

Patient view

#### Let's get started



**Thomas Porschen, CDMP** Vice-Chair of the IBE-EREC

(International Bureau for Epilepsy – European Regional Executive Committee)
Chair of the Landesverband fuer Epilepsie Selbsthilfe Nordrhein-Westfalen e.V.
Cologne, Germany